



Goal Setting Assignment

COURSE:

About You

1. What school or university do you currently attend?
2. Do you have a major you are pursuing or a field of study you are interested in? Please share below:
3. If you are comfortable, please share an alternate email your instructor can use to contact you.

Set Goals

4. What is the primary reason you are taking this course? What do you hope to get out of your experience in this course?
5. What is your course expiration date?

Make a Plan

6. Review the Syllabus and Assessments and Activities table in the course. List target completion dates for the course assignments in this table:

Module #	Module Topic(s)	Evaluated Assignments	Target Completion Date
1			
2			
3			
4			
5			
6			
7			
(Add rows as needed)			

Work Your Plan

7. What known and unknown challenges (like work, activities, or other classes) might impact your ability to complete your coursework? How will you work past these challenges?
8. Do you have other concerns about your ability to complete your coursework? If so, please share them.
9. Please share any other comments you have on the plan you created above/your approach to your coursework with your instructor.

Submit Your Completed Goal-Setting Assignment

10. Submit your completed document to the Goal Setting Assignment. Once you have received feedback from your course facilitator and have a good plan in place, print this document to track your progress.

 **TIP:** Create [Canvas calendar reminders](#) for your self-selected completion dates.